



Alberni Athletics Soccer Club | House Playing Format 2026/2027

[CANADA SOCCER GRASSROOTS STANDARDS](#)

Division (G = girls B = boys)	Format includes GK	# of players ideal/max *	# of teams	Ball size	Retreat line	Sideline restarts	Corners	Offside	Subs	Field size (metres)	Game length (mins x halves)	Referees
U5G	3V3	6/9	4	3	n/a	Coach rolls ball in	NO	NO	on the fly	20x28	20x1	NO
U5B	3V3	6/9	4	3	n/a	Coach rolls ball in	NO	NO	on the fly	20x28	20x1	NO
U6/7G	3V3	6/9	6	3	n/a	pass-in/dribble-in	NO	NO	on the fly	20x28	20x1	NO
U6B	3V3	6/9	6	3	n/a	pass-in/dribble-in	NO	NO	on the fly	20x28	20x1	NO
U7B	3v3	6/9	6	3	n/a	pass-in/dribble-in	NO	NO	on the fly	20x28	20x1	NO
U8/9G	5v5 w GK	10/12	4	4	halfway	pass-in/dribble-in	YES	NO	any stoppage	26x36	20x2	YES
U8B	5v5 w GK	10/12	4	4	halfway	pass-in/dribble-in	YES	NO	any stoppage	26x36	20x2	YES
**U9B	5v5 w GK	10/12	4	4	halfway	pass-in/dribble-in	YES	NO	any stoppage	26x36	20x2	YES
**U10/11G	7v7 w GK	10/14	4	4	1/3	pass-in/dribble-in	YES	NO	any stoppage	36x55	25x2	YES
U10B	7v7 w GK	10/14	4	4	1/3	pass-in/dribble-in	YES	NO	any stoppage	36x55	25x2	YES
**U11B	7v7 w GK	10/14	4	4	1/3	pass-in/dribble-in	YES	NO	any stoppage	36x55	25x2	YES
**U12/13B	9v9 w GK	14/18	4	5	none	throw-in	YES	YES	any stoppage	52x70	35x2	YES
**U12-14G	9v9 w GK	14/18	made day of	5	none	throw-in	YES	YES	any stoppage	52x70	35x2	YES
***U14+ Co-ed	varied	N/A	N/A	5	none	throw-in	YES	YES	any stoppage	NA	40x2	YES

*Double Sided Games (DSG's) are an option. Games are informal at the end of collaborative practice sessions with multiple teams. If DSG's are an option then teams can be larger.

**Will play teams from the West Coast (WC):

- Alberni Valley (AV) U8/9G play WC U8/9G
- AV U9B play WC U8/9B
- AV U10/11G play WC U10/11G
- AV U11B play WC U10/11B
- AV U12/13B play WC U12/13B
- AV U12-14G play WC U12/13G

***Division format will be managed week to week by coaches. Can mix boys and girls.