

ALBERNI ATHLETICS SOCCER CLUB - 2025-26 HOUSE PLAYING FORMAT

<https://canadasoccer.com/wp-content/uploads/resources/grassroots/2024-CS-GrassrootsStandards-EN.pdf>

Division	Format includes GK	# of Players Ideal/Max*	# of Teams	Ball size	Retreat line	Sideline restarts	Corners	Offside	Subs	Field size	Game length (mins X halves)	Referees
U5G	3V3	6/9	4	3	n/a	n/a	NO	NO	on the fly	Turf	20X1	NO
U5B	3V3	6/9	6	3	n/a	n/a	NO	NO	on the fly	Turf	20X1	NO
U6/7G	3V3	6/9	4	3	n/a	n/a	NO	NO	on the fly	Turf	20X1	NO
U6B	3V3	6/9	4	3	n/a	n/a	NO	NO	on the fly	Turf	20X1	NO
U7B	3v3	6/9	4	3	n/a	pass-in	NO	NO	on the fly	Turf	20X1	NO
U8/9G	5v5 w GK	10/12	4	4	halfway	pass-in	YES	NO	any stoppage	25x36	20x2	YES
U8B	5v5 w GK	10/12	4	4	halfway	pass-in	YES	NO	any stoppage	25x36	20x2	YES
U9B	5v5 w GK	10/12	4	4	halfway	pass-in	YES	NO	any stoppage	25x36	20x2	YES
**U10/11G	7v7	10/14	3	4	1/3	pass-in	YES	NO	any stoppage	36x55	25X2	YES
U10/11B	7v7	10/14	6	4	1/3	pass-in	YES	NO	any stoppage	36x55	25X2	YES
U12/13B	9v9	14/18	4	4	1/3	throw-in	YES	YES	any stoppage	50x70	35X2	YES
**U12-14G	9v9	14/18	2	4	1/3	throw-in	YES	YES	any stoppage	50x70	35X2	YES
***U14+ Co-ed	varied	N/A	N/A	5	none	throw-in	YES	YES	any stoppage	NA	40x2	YES

***Double Sided Games (DSG's) are an option. Games are informal at the end of collaborative practice sessions with multiple teams.**

If DSG's are an option then teams can be larger.

****Will play teams from the West Coast.**

*****Division format will be managed week to week by coaches. Can mix boys and girls.**